

**MyCalling! Ministries
Extreme Home Edition**

Welcome

Dear Youth Leaders,

First off, we want to say THANK YOU. Thank you for all of the extra time and love you have put forth to support your youth and to show them the love of Christ in such a crazy and tumultuous time. We know this pandemic has hit a lot of churches hard and it feels like we have lost a lot; from summer missions to youth group meetings. Youth leaders have taken on the job of the tech person, social media gurus, and creative solution masters! We are so thankful for people like you who are caring for these amazing, crazy, (sometimes frustrating), youth. Your hard work does not go unnoticed! You are awesome!

How do we know you're such an awesome youth leader? Because you are participating in this crazy adventure with us! MyCalling! Ministries is very excited to be able to still facilitate a mission experience for you and your youth in your own community! What better way to serve then right at home.

Whether you are participating with us during the suggested week (July 12th-15th) or a different time all together, we wish you the best of luck and will be praying for you throughout this process.

Sincerely,

MyCalling! Ministries

Daily Format

Each mission day will be formatted as the following:

1) Theme

- a) Each day will have a theme that corresponds with the mission projects and worship each night

2) Mission Options

- a) Each day will come with multiple options for missions
- b) These missions will vary in involvement and supplies needed so you can pick and choose what type of mission works best for your group
- c) Feel free to do only one mission or multiple missions depending on the day
- d) You know your community better than us! If you have any ideas or adaptations to enhance these mission ideas please feel free to customize for your community
- e) In this packet we have included an outline for each day as well as instruction sheets for each mission that can be given to students

3) Supplies

- a) Supplies lists will be provided for each mission
 - i) Some will be things easily found around the house but others might need more preparation.

4) Mission Sheet

- a) Each day's outline will be followed by a mission sheet detailing each activity. These are designed to be given to youth as instructions. Feel free to edit as works for your group.

5) Please note

- a) We work with many churches who are in various stages of quarantine due to the pandemic. Due to this, we have designed these mission projects to be done by individuals in their home or by small groups practicing social distancing. However your group proceeds is up to you as long as you take care to respect state and CDC guidelines.
- b) If you have any questions before or during the week please to not hesitate to email or call us

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Finances

Free:

This mission packet, devotionals, streamed and/or recorded worship, and any fun zoom events throughout the MyCalling! Week will all be provided at no charge.

We have also created an Amazon supply list with all of the supplies you could need to each mission project. This allows you to easily order any supplies needed for your students.

Extras:

We are providing additional optional services that come with an associated cost:

1) T-Shirts

- a) We will still be ordering T-shirts this year! The order form is on our website.
- b) Orders due by June 26th
- c) Shirts are \$12 a piece

2) Delivery of supplies

In an effort to make the leader's role a little less hectic, we can gather and deliver your supplies if you prefer. There will be an additional delivery fee based on mileage.

All orders must be in by June 29th to ensure timely delivery.

Donations:

We are able to offer this mission experience for free because we have planned for a cancelled mission summer. However, with the pandemic and quarantine, our future financials remain very uncertain. If you feel led, we welcome and greatly appreciate any financial donation from individuals or churches. Donations can be made by check or on our website: www.MyCallingMinistries.com.

If you cannot give at this time, we would be grateful for your prayers. Our priority this summer remains to provide a quality mission experience for all participants. We are blessed to offer that this summer and we look forward to continuing to work with you in the future!

Sunday

Pre-Mission Prep:

- 1) Prayer Bracelets
 - a) The purpose of Prayer Bracelets is to engage students in praying for each other throughout the week.
 - b) Every student will get the name of someone else in your group. That student will decorate their bracelet with said name and be in charge of praying for them throughout the week!
- 2) Flyer handout
 - a) On wednesday, an option for mission is food donation collection. To prepare for this, flyers should go out to the community as early as possible.
 - b) We encourage each student to advertise in their own neighborhood!
 - c) If you are not participating in the food collection mission, this is not necessary.

Supplies:

- 1) Prayer Bracelets
 - a) We recommend buying paper concert bracelets. Students can decorate the bracelet and then easily tear it off after the week is over
- 2) Flyer handout
 - a) Printed out flyers for each student
 - i) Pre-made flyer is attached below or you may create your own!
 - b) Bin and sign placed at the location you designate food drop off for in your flyer

Food Drive

When: July 12th-15th

Where:

Why: To help support local food pantries and those struggling with food insecurity due to COVID-19



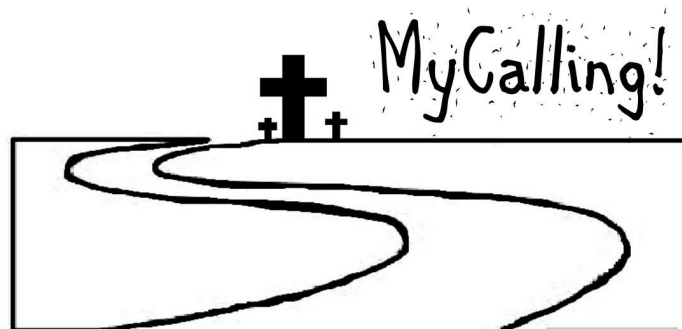
How to donate:

1. Drop off donations in the labeled drop off box at the above address
- OR
2. Leave donations labeled outside your front door between 1:00pm-3:00pm on Wednesday the 15th and we will be by to collect them

What to donate:

Canned goods and dry food such as pasta or beans. Please check the expiration date and make sure your cans are in good condition.

Thank you!



Monday

Theme: Pause and Create

Mission Options:

- 1) Rock Decorating
- 2) Lawn Signs
- 3) DIY Masks

Supplies:

- 1) Rock Decorating
 - a) Paintable rocks
 - b) Paint
 - c) Any other fun decorations of your choosing
- 2) Lawn Signs
 - a) Signs
 - b) Markers/Paint
 - c) Any other fun decorations of your choosing
- 3) DIY Masks
 - a) Fabric
 - i) If making masks for yourself or family old shirts can be used. If making masks to donate we ask that new fabric is used.
 - b) Printed out pattern sheet
 - c) Scissors
 - d) Optional: fabric glue or sewing supplies

Prayer Rocks

Daily Theme: Pause and Create

Prayer rocks are a great way to improve somebody's day unexpectedly!

Step 1

Find some good smooth painting rocks (Or use the ones provided), clean and dry the surface to prep for painting!

Step 2

Decorate your rock! Feel free to get creative with this part. You can write whatever prayer or motivation you want. We have listed some suggestions below.

- “Be still and know that I am God.” Psalm 46:10
- Peace be with you
- John 3:16
- You are amazing and loved!

Step 3

Once your rocks are dry, hide them around your community! Make this a little adventure. When you place your rock take a minute to stop and pray for those who will see it. Pray it brings them peace and joy!

Suggested locations

- Local hiking or walking trails
- Public gardens or outdoor spaces
- Your church
- A local pond, lake, or river



Lawn Signs

Daily Theme: Pause and Create

The purpose of this project is to spread love and thanks in your community! Take a moment to slow down and create lawn signs with a positive message. Then place them around your community anywhere from your yard, the church, popular running trails, a friend's yard, etc.!

Sign Ideas:

- Thank front line workers
- Give an encouragement
- Share our theme verse
 - “Be still and know that I am God” Psalms 46:10
- Say happy birthday to someone
- Just say hello to a friend



DIY Masks

Daily Theme: Pause and Create

Face masks have become a new staple of life. Create a fun mask for you and your family for the week or for a friend. While these materials may be easy for you to find, often those experiencing homelessness or financial struggles don't have the same access to materials and we do. Any extra masks you create will be donated to Aldersgate Outreach Center to be handed out to those who need them.

Step 1

Wash your material!

Step 2

Follow pattern directions to trace and cut out the mask. Optional: sew or glue the two pieces of cutout fabric together.

Step 3

Decorate your mask (if you plan on donating your masks make sure these decorations are positive and uplifting!)

Step 4

If donating, please wash again and package each mask in its own sandwich baggie. We encourage you to include a small note and/or prayer for the future owner of the mask.

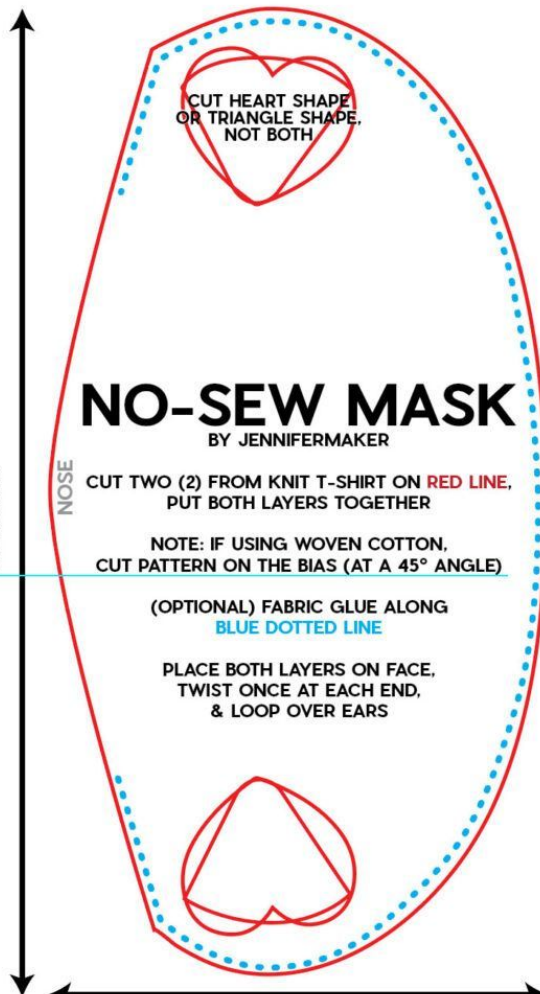
NO-SEW FACE MASK PATTERN

BY JENNIFERMAKER

NO PRINTER? NO PROBLEM!

GET THE HEIGHT AND WIDTH FOR YOUR SIZE BELOW, CUT A PIECE OF PAPER TO THAT SIZE, AND DRAW THE CORRESPONDING SHAPE

FULL LENGTH



NO-SEW MASK
BY JENNIFERMAKER

CUT TWO (2) FROM KNIT T-SHIRT ON **RED LINE**,
PUT BOTH LAYERS TOGETHER

NOTE: IF USING WOVEN COTTON,
CUT PATTERN ON THE BIAS (AT A 45° ANGLE)

(OPTIONAL) FABRIC GLUE ALONG
BLUE DOTTED LINE

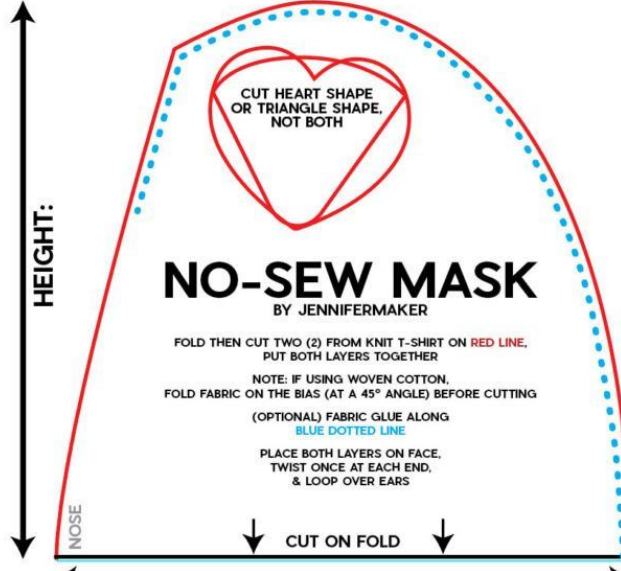
PLACE BOTH LAYERS ON FACE,
TWIST ONCE AT EACH END,
& LOOP OVER EARS

CUT HEART SHAPE
OR TRIANGLE SHAPE,
NOT BOTH

HEIGHT: [vertical arrow]

WIDTH: [horizontal arrow]

FOLDED



NO-SEW MASK
BY JENNIFERMAKER

FOLD THEN CUT TWO (2) FROM KNIT T-SHIRT ON **RED LINE**,
PUT BOTH LAYERS TOGETHER

NOTE: IF USING WOVEN COTTON,
FOLD FABRIC ON THE BIAS (AT A 45° ANGLE) BEFORE CUTTING

(OPTIONAL) FABRIC GLUE ALONG
BLUE DOTTED LINE

PLACE BOTH LAYERS ON FACE,
TWIST ONCE AT EACH END,
& LOOP OVER EARS

CUT ON FOLD

HEIGHT: [vertical arrow]

WIDTH: [horizontal arrow]

DIMENSIONS:

Youth Small (Full Length):	9.5" high x 4 7/8" wide
Youth Small (Folded):	4 3/4" high x 4 7/8" wide
Youth Medium (Full Length):	: 10.5" high x 5 3/8" wide
Youth Medium (Folded):	5 1/2" high x 5 3/8" wide
Youth Large (Full Length):	: 11.5" high x 6" wide
Youth Large (Folded):	5 3/4" high x 6" wide
Adult Small (Full Length):	: 12.5" high x 6 3/8" wide
Adult Small (Folded):	6 1/4" high x 6 3/8" wide
Adult Medium (Full Length):	: 13.5" high x 7" wide
Adult Medium (Folded):	6 3/4" high x 7" wide
Adult Large (Full Length):	: 14.5" high x 7.5" wide
Adult Large (Folded):	7 1/4" high x 7 1/2" wide

SEE FULL TUTORIAL AT JENNIFERMAKER.COM/NO-SEW-FACE-MASK-TSHIRT

Tuesday

Theme: Spread Joy

Mission Options:

- 1) Pen Pal
 - a) Write to your favorite site
 - b) Encourage for their community
 - c) We encourage youth leaders to send out a list of church members who could use a card from a youth with this mission.
- 2) Assembling kits
 - a) Homeless kits
 - i) If you go this route, please be sure to specify to students if you plan on donating the bag to a local shelter or if you plan on handing them out as a group in your community. This is up to your discretion as a youth leader knowing your students, community, and CDC guidelines.
 - b) Uplifting kit
 - c) Prayer kit
- 3) Sleep out Challenge

Supplies:

- 1) Pen Pal
 - a) Paper
 - b) Envelope
 - c) Stamps
 - d) Addresses
- 2) Assembling Kits

- a) Paper or Plastic bags
- b) Each kit's contents varies depending on what you are doing. More detailed material suggestions are included on the student sheet for each option.
- c) Feel free to get creative with this one! Adapt what type of kits you make to your students and community.

Pen Pals

Daily Theme: Spread Joy

We often underestimate how much a kind word can transform someone's day. We're sure you have heard, "if you don't have anything nice to say, don't say anything." Well the reverse is just as true, "If you have something nice to say, say it!"

We challenge you today to send at least 3 letters to a person or organization that could use a little extra love during this time. Below is a list of ideas, including MyCalling! Sites you have probably worked at in past summers! Although we sadly cannot be there, these ministries are still working hard to provide for their communities and would love to hear from you.

- Neighbors who live alone
- Members of the church
- Someone recently ill or with a loved one recently ill
- A friend you haven't seen in a while
- Your Pastor and/or church leadership

Furniture Bank	3650 I Street Philadelphia PA 19134
Anchor House	482 Centre St, Trenton, NJ 08611
Claire from Anchor House	300 Yardley Langhorne Rd. Yardley Pa 19067
Maker's Place	120 E State St, Trenton, NJ 08608
Bucks County Housing Group	470 Old Dublin Pike, Doylestown, PA 18901
White Pine Farms	555 Twining Ford Rd, Richboro, PA 18954
Snips Farm	890 W Bridge St, Morrisville, PA 19067
Statesman	2629 Trenton Rd, Levittown, PA 19056

Care Bag for those experiencing homelessness

Daily Theme: Spread Joy

Creating a care bag for those experiencing homelessness is something easy that we can do at home to brighten the day of someone in hard times. As opposed to just donating money, a care package can address a few small immediate physical needs of a person and bring some joy to their day.

Suggested items:

- Water bottle
- Socks
- Granola bar/tuna and crackers
- Hand wipes/Kleenex
- Sunscreen/chapstick
- Toothbrush and toothpaste
- General hygiene products
- Encouraging note/uplifting bible verse
- Femanin products
- List of shelter resources in your area



Suggestions

- Do not mix fragranced hygiene products with food. If both items are included place one in a sandwich bag to prevent mixing smells
- Avoid mouthwash or hand sanitizer that contains alcohol
- When creating your package think, “would I want to receive this?”

Uplifting Care Package

Daily Theme: Spreading Joy

This one is pretty self explanatory. Pick someone in your life that could use some uplifting, could be a friend, family member, church member, etc., and create a care package of things to lift their spirit! The more customized to the person the better. The key to this is to make sure they feel how much you care for them. Include a note or call them along with the package to really show how much you love them.

Suggestions for your package:

- Snacks!
- Bubbles (nobody can be sad with bubbles)
- A book you love
- A friendly note & some encouragements
- Your favorite bible verse
- A game, cards, etc.
- Balloons
- Anything that makes them smile

Prayer Care Package

Daily Theme: Spread Joy

Remembering to pray can be difficult for all of us at times but prayer can be a great way to recenter ourselves and connect with the joy of the Lord! By creating a prayer care package for someone you can not only encourage them to pray but also remind them there is someone praying for them as well.

Suggested for your package:

- Daily prayer cards
 - Create prayer cards that can be read each day
 - Don't be nervous, there are no rules to writing a prayer! Just stay positive and talk to God.
- Candles or incense
- Include a prayer rock from monday!
- Your favorite bible verses
 - Include a little description as to why you love that verse
 - Hint: if you cannot think of any, our theme verse is a good place to start!
- Include a peaceful place, maybe a park, lake, etc., for them to go and be in prayer
- An encouraging letter
- Get creative! The more personalized this is the better

Sleep Out Challenge

Daily Theme: Spread Joy

Tomorrow we will be focusing on those experiencing homelessness. To kick off this day we encourage you all to participate in the Sleep Out Challenge, started by Covenant House, an organization that provides food, shelter, and crises care for youth experiencing homelessness.

The challenge is simple: Sleep anywhere that is not your bed.

Having a comfortable and safe place to sleep every night is something we often take for granted. The point of this challenge is to experience a very small piece of what those experiencing homelessness are going through to help further our own understanding of their situation.

We encourage you to get creative where you sleep, have a bit of fun with it! But please remember the focus of this challenge. Before you sleep, say the prayer below.

Dear Lord,

Thank you for this day. Thank you for everything you have blessed me with. Help me to never take for granted my blessings. Be with those who live without safe shelter, food or clean water.

Show me how I can make this moment the beginning of serving those you call me to serve.

AMEN.

Wednesday

Theme: A focus on homelessness

Mission Options:

- 1) Collect food donations
- 2) Trash collection
- 3) Prayer walk
- 4) If students have yet to send out any of the projects created throughout the week, i.e. letters, care packages, etc., encourage them to do so today

Supplies:

- 1) Collect food donations
 - a) Collection bin
 - b) Water
 - c) Make sure to communicate with your students the following
 - i) Where to bring their collected canned goods for donation
 - ii) Where they will be donated
 - (1) We encourage you to donate to an organization in your community! If this is not possible donations can be collected by MyCalling! Ministries and brought to one of our ministry partners
- 2) Trash collections
 - a) Gloves
 - b) Trash bags
- 3) Prayer walk
 - a) Just your beautiful self!

PRAYER WALK IN COMMUNITY

We invite you to take a walk or drive around your community. Pray as you walk! Read the prayer below or pray your own. As you walk, stop at several places to pray and reflect. Below are a few suggestions.

BENCH

We are blessed to know mentors, grandparents and those who are older than us. They help us with daily life and big choices. We have the benefit of their experience. Think of someone in your life who has been an important part of who you are today. Pray for those mentors and family members in the role of teaching and being an example.

What to Pray (or make up your own) Dear God, I thank you for the people in my life that are mentors and source of wisdom. Strengthen them and help them to continue to be a positive influence in the lives of the generation to come.

TREE

We are all connected to a family unit. Sometimes we love them and sometimes they make us crazy. Sometimes they hurt us and sometimes we hurt them. Think of a family member. Pray for them.

What to pray (or make up your own) Dear God, I pray for my family member _____ .

I pray that you would be there for them and help them to feel your love. Help me to be a good _____ to them. Help families all around the world. Heal us and help us share love. Amen

STOP SIGN

We all have bad habits and things we struggle to stop. Some of us have dangerous addictions. Many struggle with these addictions every minute of every day. Take a moment to pray for people who are struggling with addiction. Prayer for their families and friends. Pray for God to help them find strength to get through each day.

What to Pray (or make up your own) LORD God, I pray for people struggling with addictions. Give them the strength they need to see their addiction and get help. Give them strength to fight for themselves. Pour Your energy on those struggling and give them peace.

INTERSECTION

Life is full of decisions. How to spend our free time, where to go to college/high school, what to do when in a tough spot, what to major in and much more! What are some difficult decisions you have had to make? What are some difficult decisions people may be struggling with?

What to pray (or make up your own) LORD, I pray for everyone feeling stuck in a decision they need to make. I pray that you would be with them and help them decide wisely. Guide them, LORD. Amen

SKY

Have a seat and look up at the sky. For generations, humans have used the sky to guide their journey. We can use the movement of the sun, the map of the stars, the movement of the clouds and more to help us find our location and direction. Think about people feeling lost right now. People who can't figure out where they are or where they are going. Lift them up in prayer.

What to pray (or make up your own) God, You are our Shepherd. You remind us who we are and You call us to move with you. Be with those who feel lost today. Give them comfort and help them find hope and direction.

HOUSES

As you pass houses, pray for the people living there. Ask God to be with them, to speak to them and to give them hope and peace.

What to pray (or make up your own) God, be with the residents of this home. Help them to seek you and experience your peace and hope. You know their needs. Be with them and hold them today.

PRAYER WALK IN YOUR HOME

We invite you to take a walk around your home.

As you walk, stop at several places to pray and reflect. Below are a few suggestions.

Be creative! Pray as you walk! Read the prayer below or pray your own.

WATER

800 million people live without access to clean water. Clean water is necessary for us to live healthy lives. Lift up a prayer for people all around the world who live without clean water.

What to Pray: (or create your own) LORD, you are the creator and sustainer of life. Be with those living without the basic needs. Be with those working to bring clean water to others. Help us all find ways to help others secure clean water.

COUCH

Sit down, take a rest. As you relax, pay attention to the way your body relaxes into the couch. This is the gift of comfort and rest. For many, their home life is intense and painful. For many, home is the last place they can relax. Pray for those who don't feel safe in their homes.

What to Pray: (or create your own) Comforting God, be with those in unsafe homes. Give them strength to speak up, give them people who will listen and help them. Help them to feel your peace and strength.

DOORWAY

So many people are experiencing life in the in-between. They are waiting for answers, opportunities and time. Pray for those who feel like their life is on hold and they are stuck in the in-between.

What to Pray: (or create your own) Lord, you give us direction and guide our path. Be with those waiting and feeling stuck. Give them strength to wait and strength to move. Give them comfort as they wait, LORD.

Prayer Walk In Your Home cont.

TOY

It can be difficult to grow up in this world. Imagine what struggles the kids face today.

What are some struggles a kid might have currently?

What are some struggles a kid may face as they grow up?

Picture a kid you know. Pray for them!

What to pray (or make up your own) Hey God! I am praying for _____ and all of the kids in the world. Give them people that love them and care for their needs. Let them feel love and comfort they need to grow. Amen

Trash Cans

Some people don't understand their value. They think they are trash. They are surrounded by people who treat them like trash. We have all felt that way at some point, haven't we?

Do you know anyone dealing with this struggle right now? Pray for them! Pray for people who don't know their worth.

What to Pray Lord, be with those who are struggling to find their self worth. Help them to remember they are loved by you. LORD, be with the person I know struggling with self worth. Help them see the beauty they are. Help me to speak supportive words to them. Amen

Canned Goods Collection

Daily Theme: A focus on homelessness

On Sunday you passed out flyers asking for donations and now it is time to collect! Between 1:00 and 3:00 walk or drive the area you passed out flyers to on Sunday and collect any canned goods left out for you. Combine these with any donations made to the bin at your house.

Once all the goods from your group have been collected they will be donated to a local food pantry or collected by MyCalling! to donate to Anchor House and the Penndel Food Pantry.

Reminders

- Bring water! Hydrate or Die-drate
- If you are going on foot, make sure you have a way of carrying any donations you collect
 - Bag, wagon, etc.
- Make sure to wear your mask and maintain safe social distancing



Trash Collection

Daily Theme: A focus on homelessness

Caring for and cleaning your community are great ways to show God's love. Choose an area in your community that could use a little extra love, hiking path, park, etc. and take a moment to clean. Collecting trash or weeding a garden are simple things we can do to spread some love.

Be sure to wear gloves, proper safety equipment, and maintain social distancing!

After cleaning an area take a moment to pray for the people and animals who will enjoy this beautiful space.



Social Media Schedule

We want to continue to engage with each other as much as possible throughout the week! Each day we have a photo challenge. Take a picture and put it in the photo circle for us to post or tag us on social media.

Sunday

- 1) T-Shirt Party
 - a) Take a picture of you and/or your team in your MyCalling! shirts ready to take on the week!

Monday

- 1) Share your creations
 - a) Take a picture of your creations for the day. We want to see all your beautiful artwork!

Tuesday

- 1) Sleep out Challenge
 - a) Take a picture of where you are spending the night! Bonus points for fun forts and creativity!

Wednesday

- 1) T-shirt Decorations
 - a) If you have yet to decorate your shirt for the week, now is your last chance! Decorate your MyCalling! shirt and take a picture of your awesome personalized shirt.

Thursday

- 1) We eat pancakes!
 - a) Thursday is usually a morning of pancakes and good-byes. We encourage everyone to continue this pancake breakfast tradition. Share a picture of your pancakes with us on this last day of MyCalling! at Home.